



Selina

Selina is 15 years old. Here's what she would like you to know about her:

Some of my favorite things:

Singing, shopping, painting my nails, horseback riding, taking care of animals, being with friends, and watching movies.

Things I do not like:

I like to be silly with people and sometimes when people pick on me I get anxious. I am afraid they are being mean to me, and that is not good feeling to have. I feel alone when they do that. I also do not like it when I am disappointed because it makes me feel mad and upset.

Favorite foods:

Chewing gum, pizza, milkshakes, caesar salad, sheperd's pie, lasagna, bagels, and candy.

What we want families to know about Selina:

Selina has a good sense of humor. She enjoys being with others, and is very social. When she feels uncomfortable about a situation she tends to get defensive, and needs a lot of reassurance. She tries really hard in school; however she struggles academically and needs assistance from others to complete assignments.

What we are seeking in a family for Selina:

- A nurturing family with two care-givers and no other younger children.
- A family that understands childhood trauma or are willing to learn about its effects.
- Someone who can help her develop self-esteem and coping skills.
- Parents who are willing to attend ongoing therapy alongside her.

To learn more:

If you are interested in learning more about Selina, please contact Ashley Sargent, Project Family at Lund (802) 524-6387 or ashleys@lundvt.org.